

RESIDENTIAL RECOVERY, REDEFINED

Our Fort Lauderdale campus offers an innovative residential program designed for adults with higher-acuity psychiatric symptoms or co-occurring substance use disorders. We provide stabilization, thorough evaluation, and evidence-based treatment in a structured, supportive environment. Part of the broader Lifeskills continuum of care, this location offers:

- 24/7 nursing and clinical support
- Doctoral- and master's-level oversight
- Private outdoor spaces and an on-site pool
- Chef-prepared meals tailored to clients' nutritional needs

WHAT WE TREAT

- Anxiety disorders + panic disorders
- Bipolar disorder
- Borderline personality disorder
- Co-occurring disorders
- Depressive disorders
- Dissociative disorders
- Obsessive-compulsive disorder
- Psychosis + substance-induced psychosis
- Schizophrenia
- Schizoaffective disorder
- Self-harm
- Suicidal ideation
- Substance use disorder
- Trauma + PTSD



CLINICAL PATHWAYS

- Acute Psychiatric Care + Medical Support Pathway
- Cognitive Behavioral Therapy Pathway
- Substance Use Disorders Pathway

SAFE DETOXIFICATION FOR LASTING RECOVERY

Our detox program provides 24/7 medical supervision in a safe and comfortable setting. Just steps from the ER, our state-of-the-art facility delivers clinically excellent care for substance use and co-occurring mental health conditions — ensuring safety, stability, and a strong foundation for recovery.

- 24/7 medical and clinical support
- Doctoral- and master's-level oversight
- Expertise in dual diagnosis treatment

A COMFORTABLE ENVIRONMENT

Semi-private rooms + accommodations

Seek recovery in a non-institutional environment with semi-private rooms, full bathrooms, and cable TV.

Focused, personalized support

With just eight beds available, our low client-to-staff ratio allows each client to receive unparalleled, tailored care from our experienced team.

Access to advanced medical services

Located on the Holy Cross Hospital campus, we have immediate access to additional medical support and emergency care, if needed.

SEAMLESS TRANSITION

Detox is the first step. Upon admission, each client receives a comprehensive assessment to determine the most appropriate next level of care after medical clearance.

- Residential treatment
- Partial hospitalization program
- Intensive outpatient program



As a leading dually licensed provider of care for complex mental health and substance use disorders, we recognize the growing need for residential treatment in South Florida. Expanding our comprehensive continuum of care in Fort Lauderdale strengthens our ability to meet the acute needs of those we serve."

Sheryl Gross, LMHC, EMDR-trained, QS
Director of Clinical Services

Lifeskills
BEHAVIORAL HEALTH

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Call Admissions Today
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